



BASIC SKILLS • NON-QUALIFYING COMPETITION

www.scosnj.org

Saturday, February 21, 2015
Registration Deadline: January 20, 2015

The Igloo
3033 Fostertown Road, Mt Laurel, NJ 08054

www.skateigloo.com

Sanctioned by



SCOSNJ 2014 WINTER CLASSIC

Saturday, February 21, 2015

Welcome to the 2015 Winter Classic! Skaters may enter as many events as they are qualified for. In an effort to encourage participation, we keep all the beginning level groups small so every skater is a winner. The SCOSNJ reserves the right to subdivide or cancel any event if necessary. **Instructors must sign the Certification of Eligibility on the Entry Form or send approval through Entryeeze.com e-mail.**

Eligibility Rules for Participants: The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS 1-8 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or Individual Dances.

For the Free Skate 1-6, Limited Beginner & Beginner, eligibility will be based only upon the highest free skate test level. Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

COMPETITION INFORMATION

Ice Surface: Measures 85 feet wide by 185 feet long and has rounded corners.

Registration Will be done on line through our web site www.scosnj.org utilizing Entryeeze.com.

Deadline Date: **Entry deadline (online) is January 21, 2015.** There will be no refunds after the close of entries except events canceled by the Local Organizing Committee (rule #3047). Late entries may be accepted at the discretion of the competition committee and may require an additional \$15.00 late fee..

Payment: Checks or money orders only are accepted for mail in entries. (There is a \$30.00 fee for returned checks) On line registration will include payment by credit card via Entryeeze.com. Be sure to check your credit card charges carefully. Once a charge is disputed, there is a charge (at least \$25.00) to us by the bank and vendor which will be passed on to the skater whether the dispute is withdrawn or successful.

Entry Fees: \$45.00 for first event and \$20.00 for each additional event. There is a \$15.00 ADDITIONAL fee for any paper /mail in registrations..

Schedules: Will be posted on the SCOSNJ website: www.scosnj.org and Entryeeze.com as soon as possible after the close of entries. Schedules will not be mailed or given over the phone.

Music: CD's must be marked with the skaters name and turned in to the registration desk at least one hour prior to the event. It is the responsibility of the skater to have a backup CD in your possession. The competition officials are not responsible for the condition of your CD.

Registration: The registration desk will be open throughout the competition. Skaters **MUST** check in **at least one hour prior** to the event. Events frequently run early and/or warm ups combined, so **BE READY** with skates on before the event is likely to be called!

Awards: First, second and third places will be given medals . **All** competitors will receive participation ribbons.

Video Taping: The competition will be taped by a professional videographer. If you use your own camera, it must be battery powered. No tripods or flash photography will be permitted.

Practice Ice: Will be provided, if possible and will be determined after the close of entries and announced on the website.

**Online applications: Entryeze.com which can also be accessed
through the club website: www.scosnj.org.**

Registration deadline is midnight January 21, 2015.

Mail paper applications (with additional \$15.00 fee) to:

Betty Field
603 Pheasant Run Drive
Cinnaminson, NJ 08077

E- Mail Contacts:

djmalpass66@gmail.com

dmfield@aol.com

Rink Address: The Igloo

3033 Fostertown Road

Mt Laurel, NJ 08054

www.skateigloo.com

BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

Format choice of the host: Each skater will perform each element when directed by a judge or referee OR have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice
- No music
- **Allelements must be skated in the order listed**
- Time: 1:00 or less

<p><u>Snowplow Sam 1-3</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<p><u>Basic 5</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 4-6 consecutive – both directions 3. Basic one foot spin – free leg held to side of spinning leg – minimum three revolutions 4. Side toe hop – either direction 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6-8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row 	<p><u>Basic 6</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside three-turn – R & L 2. Bunny Hop 3. Forward spiral on a straight line – R or L 4. Lunge – R or L 5. T-stop – R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide – either foot 2. Forward alternating 1/2 swizzle pumps, in a straight line – 2-3 each foot 3. Moving snowplow stop 4. Two foot turn in place- forward to backward 5. Backward two foot swizzles 6 – 8 in a row 	<p><u>Basic 7</u></p> <ol style="list-style-type: none"> 1.. Standstill forward inside open Mohawk – R to L and L to R 2. Ballet Jump – either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward 1/2 swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Forward slalom 4. Backward one foot glide – either foot 5. Two foot spin – minimum three revolutions 	<p><u>Basic 8</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns R & L 2. Waltz jump 3. Mazurka – either direction 4. 1 Combination move – clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position – minimum three revolutions
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Standstill forward outside three-turn – R & L 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers 4-6 consecutive both directions 4. Backward stroking – 4-6 strokes 5. Backward snowplow stop – R or L 	

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p><u>Snowplow Sam 1-3</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5</u></p> <ol style="list-style-type: none"> 1. Backward crossovers 4-6 consecutive in both directions 2. Basic one-foot spin – free leg held to side of spinning leg – minimum three revolutions 3. Side toe hop –either direction 4. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside three-turn – R & L 2. Bunny Hop 3. Forward spiral on a straight line R or L 4. Lunge - R or L 5. T-stop – R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide – either foot 2. Two foot turn in place- forward to backward 3. Backward two foot swizzles 6 – 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot 5. Moving snowplow stop 	<p><u>Basic 7</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside open Mohawk R to L and L to R 2. Ballet Jump- either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Backward one foot glide – either foot 4. Forward slalom 5. Two foot spin – minimum three revolutions 	<p><u>Basic 8</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns R & L 2. Waltz jump 3. Mazurka in either direction 4. 1 Combination move – clockwise or counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position –minimum three revolutions
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward crossovers 4-6 consecutive both directions 2. Standstill forward outside three- turn – R & L 3. Backward stroking – 4-6 strokes 4. Backward snowplow stop – R or L 	

FREE SKATE 1-6 COMPULSORY EVENT

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

<p>Freeskate 1 Compulsory</p> <ol style="list-style-type: none"> 1. Advanced forward stroking – 4-6 consecutive 2. Backward outside three-turns R & L 3. One-foot upright scratch spin from backward crossovers-minimum three revolutions 4. Waltz jump from backward crossovers 5. Half flip jump 	<p>Freeskate 4 Compulsory</p> <ol style="list-style-type: none"> 1. Forward power 3's, 2-3 consecutive sets-R or L 2. Sit spin- minimum three revolutions 3. Loop jump 4. Waltz jump/loop jump combination
<p>Freeskate 2 Compulsory</p> <ol style="list-style-type: none"> 1. Forward outside or inside spiral – R or L 2. Waltz Three's – R or L, 2-3 sets 3. Beginning back spin – entry optional – minimum two revolutions 4. Waltz jump, side toe hop, waltz jump sequence 5. Toe loop jump 	<p>Freeskate 5 Compulsory</p> <ol style="list-style-type: none"> 1. Camel spin- minimum three revolutions 2. Forward upright spin to back upright spin- minimum three revolutions, each foot 3. Loop/loop jump combination 4. Flip jump
<p>Freeskate 3 Compulsory</p> <ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Backward inside three-turns, R & L 3. Back spin- minimum three revolutions 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop jump combination 	<p>Freeskate 6 Compulsory</p> <ol style="list-style-type: none"> 1. Five step Mohawk sequence – 1 set alternating pattern refer to Basic Skills Curriculum Freeskate 6 2. Camel, sit spin combination – minimum of four revolutions total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow jump sequence 5. Lutz jump

FREE SKATE 1-6 PROGRAM EVENT

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Free skate 1	Free skate 4
<ol style="list-style-type: none"> 1. Advanced forward stroking 4-6 strokes 2. One-foot upright scratch spin from back crossovers- minimum three revolutions 3. Waltz jump from back crossovers 4. Half flip jump 	<ol style="list-style-type: none"> 1. Forward power 3's, 2-3 consecutive sets R or L 2. Sit spin-minimum three revolutions 3. Loop jump 4. Waltz jump/loop jump combination
Free skate 2	Free skate 5
<ol style="list-style-type: none"> 1. Forward outside spiral R or L 2. Beginning back spin- minimum two revolutions 3. Waltz jump, side toe hop, waltz jump sequence 4. Toe loop jump 	<ol style="list-style-type: none"> 1. Camel spin-minimum three revolutions 2. Forward upright spin to back upright spin- minimum three revolutions each foot 3. Loop/loop jump combination 4. Flip jump
Free skate 3	Free skate 6
<ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Back spin-minimum three revolutions 3. Salchow jump 4. Waltz jump/toe loop or Salchow/toe loop jump combination 	<ol style="list-style-type: none"> 1. Camel/sit spin combination-minimum four revolutions total 2. Split or stag jump 3. Waltz jump/1/2 loop /Salchow jump sequence 4. Lutz jump

Compulsory Event–Beginner & High Beginner

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken foreach element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Beginner (formally Limited Beginner) Compulsory	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin, minimum three revolutions (free leg position optional) 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:15
High Beginner (formally Beginner) Compulsory	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin- minimum three revolutions 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:15

Beginner & High Beginner Program Events

General Event Parameters

- Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice. Vocal music IS permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
- Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner (formally Limited Beginner) 1:30 +/- 10 sec.	Max 5 jump elements: <ul style="list-style-type: none"> • Jumps with not more than one-half rotation (front to back or back to front). • Max 2 jump sequences • Max 2 of any same jump 	Max 2 spins: <ul style="list-style-type: none"> • Two upright spins, no change of foot, no flying entry (Min 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner (formally Beginner) 1:30 +/- 10 sec.	Max 5 jump elements: <ul style="list-style-type: none"> • Jumps with not more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only. • Max 2 jump combinations or sequences • Max 2 of any same type jump. 	Max 2 spins: <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (Min 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests

SCOSNJ
Winter Classic
Registration Form

NAME: _____ USFS #: _____
 ADDRESS: _____ PHONE _____ CELL #: _____
 CITY: _____ STATE: _____ ZIP CODE: _____
 E-MAIL ADDRESS: _____ DATE OF BIRTH: _____ Female _____ Male _____
 HOME CLUB or RINK: _____ TESTS PASSED BASIC SKILLS _____
 COACH'S NAME: _____ COACH'S PHONE _____
 COACH'S E-MAIL: _____ COACH'S CELL # _____

Compulsories – No music

- Snowplow Sam
- Basic 1
- Basic 2
- Basic 3
- Basic 4
- Basic 5
- Basic 6
- Basic 7
- Basic 8
- Freeskate 1
- Freeskate 2
- Freeskate 3
- Freeskate 4
- Freeskate 5
- Freeskate 6
- Beginner
- High Beginner

Programs – With Music

- Snowplow Sam
- Basic 1
- Basic 2
- Basic 3
- Basic 4
- Basic 5
- Basic 6
- Basic 7
- Basic 8
- Freeskate 1
- Freeskate 2
- Freeskate 3
- Freeskate 4
- Freeskate 5
- Freeskate 6
- Beginner
- High Beginner

Event /Extra Fee	Cost	Amount Submitted
First Event	\$45.00	\$
Second Event	\$20.00	\$
Paper Entry	\$15.00	\$
Late Fee (\$25.00 (After 1/21/15)	\$
	Total Submitted	\$
	Check/MO #	

DEADLINE: January 21, 2015. To avoid “Paper Entry Fee” registration should be submitted online through entryeeze.com or link through our website www.scosnj.org. Please mail your check (*payable to SCOSNJ*) including additional \$15.00 fee with this form and the **waiver** signed by parent or adult skater, to:

SCOSNJ c/o Betty Field; 603 Pheasant Run Drive, Cinnaminson, NJ 08077.

CERTIFICATION OF ELIGIBILITY: I hereby certify that the above skater is eligible to enter the above specified events in accordance with USFS rules and regulations. I have checked over the application and believe it to be correct.

SIGNATURE: _____ **Date** _____
Skating Instructor

Skating Club of Southern New Jersey
**WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF
RISK AND INDEMNITY AGREEMENT (“AGREEMENT”)**

In consideration of participating in Skating Club of Southern New Jersey Activities, I represent that I understand the nature of figure skating activities (“activity”) and that I am qualified, in good health and in proper physical condition to participate in such “activity”. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the “activity”.

I fully understand that this “activity” involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by own actions, or inactions, those of others participating in the “activity”, the conditions in which the activity takes place, or the negligence of the “releasees” named below; that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the “activity”.

I hereby release, discharge, and covenant not to sue the Skating Club of Southern New Jersey, United States Figure Skating, it’s directors, officers, administrators, sponsors, volunteers, agents, employees, staff, instructors, trainers, other participants, if applicable, owners, lessors of premises on which “activity” takes place (each considered one of the Releasees herein) from all liability, claims, demands, losses, the damages on my account caused or alleged to be caused in whole or in part by the negligence of the “releasees” or otherwise, including negligent rescue operation; and I further agree that if, despite this release, waiver of liability, and assumption of risk, I, or anyone on my behalf, makes a claim against any of the Releasees, that I will indemnify, save and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

The Skating Club of Southern New Jersey has the right, but not the obligation, to provide rules, regulations and/or ice monitors for the Club Ice. We hereby acknowledge that the Skating Club of Southern New Jersey shall not be responsible for the supervision of the members at Club Ice.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have freely and without inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect. I have also read and agree to follow the Club ice rules on the back of this waiver.

_____ Printed Name of Participant

_____ Phone: _____
Address

_____ Date: _____
Signature of Parent or Participant if age 18 or over

PARENTAL CONSENT AND INDEMNIFICATION AGREEMENT

I, the minor’s parent and or legal guardian, understand the nature of the above referenced activities and the minor’s experience and capabilities and believe the minor to be qualified to participate in such “activity”. I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses or damages on the minor’s account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I the minor, or anyone on the minor’s behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss and liability, damage, or cost any Releasees may incur as the result of any such claim.

_____ Printed name of Parent/Guardian

_____ Signature of Parent/Guardian

_____ Date